

BEAN[®] BETTER

BEAN BETTER LEMPEÄ[®] TACO 250 G



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- **FRESH PRODUCE / VACUUM / PRESERVATION 0 - +6 °C**
- **SHELF LIFE 90 DAYS, OPENED FOR 5 DAYS IN THE REFRIGERATOR**
- **BEST BEFORE: READ THE PRODUCT LABEL**

Product ID: 071

Raw material: Low Fodmap certified fermented fava bean (Finland), water, rapeseed oil (Finland) and Taco spices (salt, paprika, cumin, garlic oil, chili, black pepper, white pepper, oregano)

Type of food: Raw material, cooked

Method of manufacture: Fermentation

Raw material (classification): Legume products

Dishes (classification): Legume preparation

Edible portion: 100 %

Use: Such as ripe minced meat; sauces, soups, baking, etc.

Portion size: Recipe amount

- **The carbon footprint of the product is 0,8 kg CO₂-eq / kg**
- **High fiber** • **High in protein**

Manufacturer: **Ferm Foods Oy Ltd** • Karamalmintie 2 • FI 02630 ESPOO
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SIGNATURE:  DATE / PLACE:
MIRJA TAIMISTO



Special diets: Gluten free
Soy free
Lactose free
Milkless
Lactovegetarian
Vegan
Lacto-ovo-vegetarian
Eggless

| Nutritional info / 100g | | |
|--------------------------------|-------------------|--|
| Energy | 721 Kj / 172 Kcal | |
| Fat, | 7,1 g | |
| of which saturated | 0,6 g | |
| Carbohydrates, | 7,5 g | |
| of which sugars | 6,5 g | |
| Protein | 14,6 g | |
| Salt | 1,2 g | |
| Fiber | 7,4 g | |

| Allergens: | NO |
|-------------------|-----------|
| Wheat | x |
| Gluten | x |
| Fish | x |
| Seafood | x |
| Egg | x |
| Groundnut | x |
| Soy | x |
| Milk | x |
| Lactose | x |
| Walnut-Almond | x |
| Celery | x |
| Mustard | x |
| Sesame | x |
| Sulfur dioxide | x |
| Sulfate | x |
| Lupine | x |
| Molluscs | x |

