

BEAN BETTER® FERMENTED FAVA BEAN PIECES BASILIKA



BEAN BETTER®: FERMENTED FAVA BEAN PIECES BASILIKA

- FRESH PRODUCE / VACUUM / PRESERVATION 0 - +6 °C
- SELF-LIFE: OPENED FOR 7 DAYS IN THE REFRIGERATOR
- BEST BEFORE: READ THE PRODUCT LABEL

Product ID: 699

Sales item: 2 x 1 kg

Raw material: Fermented fava bean 60% (Finland), marinade (basilica, spinach, fermented garlic, pumpkin seeds, vinegar, rapeseed oil, sugar, salt (1,2%), black pepper, and emulsifiers (vegetable fiber)).

Type of food: Prepared food.

Method of manufacture: Boiled.

Raw material (classification): Dish.

Dishes (classification): Vegetarian food.

Edible portion: 100%.

Recipe: Fry as is in oil or heat by adding liquid (coconut milk, vegetable cream, etc.). Serve with rice, noodles or vegetables.

- The carbon footprint of the product is 0,4 kg CO₂-eq / kg
- Does not contain ingredients of animal origin / vegan
- Thawed product must not be re-frozen

Manufacturing country: Finland

Manufacturer: **Ferm Foods Oy Ltd.** • Karamalmintie 2 • 02630 ESPOO

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Special diets:

Lactose free	YES
Low-salt	YES
Lactovegetarian	YES
Gluten free	YES
Lacto-ovo-vegetarian	YES
Eggless	YES
Soy free	YES
Unsweetened	YES
Milkless	YES
Vegan	YES

Nutritional info / 100 g

Energy	965,7 KJ / 230,8 Kcal
Fat	17,7 g
of which saturated	1,5 g
Carbohydrates	9,1 g
of which sugars	2,6 g
Protein	9,9 g
Salt	1,2 g
Fiber	5,0 g

Allergens:

NO	NO
Wheat	NO
Gluten	NO
Fish	NO
Seafood	NO
Egg	NO
Groundnut	NO
Soy	NO
Milk	NO
Lactose	NO
Walnut-Almond	NO
Celery	NO
Mustard	NO
Sesame	NO
Sulfur dioxide	NO
Sulfate	NO
Lupine	NO
Molluscs	NO

SIGNATURE:  DATE / PLACE: 01.07.2022 Espoo

MIRJA TAIMISTO

