

BEAN BETTER LEMPEÄ® FERMENTED FAVA BEAN CRUMBLE CURRY



BEAN BETTER LEMPEÄ®: FERMENTED FAVA BEAN CRUMBLE CURRY

- FRESH PRODUCE / VACUUM / PRESERVATION 0 - +6 °C
- SELF-LIFE: OPENED FOR 7 DAYS IN THE REFRIGERATOR
- BEST BEFORE: READ THE PRODUCT LABEL

Product ID: 743

Sales item: 2 x 1 kg

Raw material: Fermented fava bean (Finland), water, sea salt and curry spices (turmeric, black pepper, yeast extract, sugar, corn starch, smoked paprika powder, chili, fennel, coriander, cardamom)

Type of food: Raw material, cooked.

Method of manufacture: Fermentation.

Raw material (classification): Legume products.

Dishes (classification): Legume preparation.

Edible portion: 100%.

Recipe: Such as like ripe chicken; sauces, soups, baking, etc.

- The carbon footprint of the product is 0,4 kg CO₂-eq / kg
- Does not contain ingredients of animal origin / vegan
- Thawed product must not be re-frozen

Manufacturing country: Finland

Manufacturer: **Ferm Foods Oy Ltd.** • Karamalmintie 2 • 02630 ESPOO

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SIGNATURE:  DATE / PLACE: 01.07.2022 Espoo

MIRJA TAIMISTO


100% plant based


Vegan


High fiber


High in protein

Special diets:

| | |
|----------------------|-----|
| Cholesterol free | YES |
| Lactose free | YES |
| Low-salt | YES |
| Lactovegetarian | YES |
| Gluten free | YES |
| Lacto-ovo-vegetarian | YES |
| Eggless | YES |
| Soy free | YES |
| Unsweetened | YES |
| Milkless | YES |
| Vegan | YES |

Nutritional info / 100 g

| | |
|--------------------|-------------------|
| Energy | 887 KJ / 212 Kcal |
| Fat | 11,9 g |
| of which saturated | 1,0 g |
| Carbohydrates | 4,9 g |
| of which sugars | 3,9 g |
| Protein | 14,0 g |
| Salt | 1,2 g |
| Fiber | 7,2 g |

Allergens:

| | |
|----------------|-----------|
| NO | NO |
| Wheat | NO |
| Gluten | NO |
| Fish | NO |
| Seafood | NO |
| Egg | NO |
| Groundnut | NO |
| Soy | NO |
| Milk | NO |
| Lactose | NO |
| Walnut-Almond | NO |
| Celery | NO |
| Mustard | NO |
| Sesame | NO |
| Sulfur dioxide | NO |
| Sulfate | NO |
| Lupine | NO |
| Molluscs | NO |

