

BEAN BETTER LEMPEÄ® FERMENTED FAVA BEAN CRUMBLE WHITE



BEAN BETTER LEMPEÄ®: **FERMENTED FAVA BEAN CRUMBLE WHITE**

- **FRESH PRODUCE / VACUUM / PRESERVATION 0 - +6 °C**
- **SELF-LIFE: OPENED FOR 7 DAYS IN THE REFRIGERATOR**
- **BEST BEFORE: READ THE PRODUCT LABEL**

Product ID: 651

Sales item: 2 x 1 kg

Raw material: Fermented fava bean (Finland), water, sea salt.

Type of food: Raw material, cooked.

Method of manufacture: Fermentation.

Raw material (classification): Legume products.

Dishes (classification): Legume preparation.

Edible portion: 100%.

Recipe: Such as ripe minced meat; sauces, soups, baking, etc.

- **The carbon footprint of the product is 0,4 kg CO₂-eq / kg**
- **Does not contain ingredients of animal origin / vegan**
- **Thawed product must not be re-frozen**

Manufacturing country: Finland

Manufacturer: **Ferm Foods Oy Ltd.** • Karamalmintie 2 • 02630 ESPOO

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SIGNATURE:  DATE / PLACE: 01.07.2022 Espoo

MIRJA TAIMISTO

Special diets:

Cholesterol free	YES
Lactose free	YES
Low-salt	YES
Lactovegetarian	YES
Gluten free	YES
Lacto-ovo-vegetarian	YES
Eggless	YES
Soy free	YES
Unsweetened	YES
Milkless	YES
Vegan	YES

Nutritional info / 100 g

Energy	544 KJ / 130 Kcal
Fat	1,5 g
of which saturated	0,27 g
Carbohydrates	5,1 g
of which sugars	4,3 g
Protein	16,0 g
Salt	0,7 g
Fiber	8,0 g

Allergens:

NO	
Wheat	NO
Gluten	NO
Fish	NO
Seafood	NO
Egg	NO
Groundnut	NO
Soy	NO
Milk	NO
Lactose	NO
Walnut-Almond	NO
Celery	NO
Mustard	NO
Sesame	NO
Sulfur dioxide	NO
Sulfate	NO
Lupine	NO
Molluscs	NO



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100% plant based



Vegan



High fiber



High in protein